

USDA National Nutrient Database for Standard Reference Release 28

## **Statistics Report 03010, Babyfood, meat, lamb, strained**

**Report Date:October 27, 2015 12:44 EDT**

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water <sup>1</sup>	g	81.06	--	1.240	79.39	83.48	2.0	75.722	86.391	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Energy	kcal	87	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Energy	kJ	366	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Protein <sup>1</sup>	g	14.07	--	--	13.63	14.5	2.0	--	--	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Total lipid (fat) <sup>1</sup>	g	3.41	--	--	3.01	3.82	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Ash <sup>1</sup>	g	0.60	--	--	0.58	0.63	1.0	--	--	1	Analytical or derived from analytical	--	03/2007
Carbohydrate, by difference	g	0.85	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca <sup>1</sup>	mg	7	--	--	7	7	1.0	--	--	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Iron, Fe <sup>1</sup>	mg	1.19	--	--	0.89	1.49	1.0	--	--	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Magnesium, Mg <sup>1</sup>	mg	13	--	0.000	13	13	1.0	13.0	13.0	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Phosphorus, P <sup>1</sup>	mg	104	--	6.500	97	110	1.0	20.91	186.09	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Potassium, K <sup>1</sup>	mg	193	--	--	180	205	1.0	--	--	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Sodium, Na <sup>1</sup>	mg	43	--	--	--	--	--	--	--	--	Analytical or -- derived from analytical	--	03/2007

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Zinc, Zn <sup>1</sup>	mg	2.43	--	0.328	2.1	2.76	1.0	-1.74	6.596	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Copper, Cu <sup>1</sup>	mg	0.148	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Manganese, Mn <sup>1</sup>	mg	0.037	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Selenium, Se <sup>1</sup>	µg	2.2	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	1.2	--	0.100	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Thiamin <sup>1</sup>	mg	0.020	--	--	0.02	0.02	1.0	--	--	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Riboflavin <sup>1</sup>	mg	0.174	--	--	0.15	0.2	1.0	--	--	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Niacin <sup>1</sup>	mg	2.908	--	--	2.89	2.92	1.0	--	--	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid <sup>1</sup>	mg	0.112	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Vitamin B-6 <sup>1</sup>	mg	0.037	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folate, total <sup>1</sup>	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folic acid <sup>1</sup>	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folate, food <sup>1</sup>	μg	0	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
Folate, DFE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Choline, total <sup>1</sup>	mg	54.7	--	2.779	43.9	65.7	--	--	--	--	Analytical or derived from analytical	--	07/2007
Betaine <sup>1</sup>	mg	6.6	--	0.560	4.7	8.6	--	--	--	--	Analytical or derived from analytical	--	07/2007
Vitamin B-12 <sup>1</sup>	μg	1.90	--	0.295	1.6	2.19	1.0	-1.853	5.643	2	Aggregated data involving combinations of source codes 1 & 12	--	03/2007
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Retinol	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Carotene, beta	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Carotene, alpha	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	10/2002
Vitamin E (alpha-tocopherol) <sup>1</sup>	mg	0.19	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta <sup>1</sup>	mg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Tocopherol, gamma <sup>1</sup>	mg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Tocopherol, delta <sup>1</sup>	mg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Vitamin D (D2 + D3)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Vitamin D	IU	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2009
Vitamin K (phylloquinone) <sup>1</sup>	µg	0.6	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
<b>Lipids</b>													
Fatty acids, total saturated	g	1.650	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
4:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
6:0	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007

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10:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
12:0 <sup>1</sup>	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
14:0 <sup>1</sup>	g	0.150	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
15:0 <sup>1</sup>	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
16:0 <sup>1</sup>	g	0.720	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
17:0 <sup>1</sup>	g	0.050	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:0 <sup>1</sup>	g	0.680	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
20:0 <sup>1</sup>	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
22:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:0 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total monounsaturated	g	1.270	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
14:1 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
15:1 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
16:1 undifferentiated <sup>1</sup>	g	0.070	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007

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17:1 <sup>1</sup>	g	0.030	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:1 undifferentiated <sup>1</sup>	g	1.170	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
20:1	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	03/2007
22:1 undifferentiated <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
24:1 c <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Fatty acids, total polyunsaturated	g	0.310	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2007
18:2 undifferentiated <sup>1</sup>	g	0.170	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:3 undifferentiated <sup>1</sup>	g	0.080	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
18:4 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:2 n-6 c,c <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:3 undifferentiated <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
20:4 undifferentiated <sup>1</sup>	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
20:5 n-3 (EPA) <sup>1</sup>	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
21:5 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007

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22:4 <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
22:5 n-3 (DPA) <sup>1</sup>	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
22:6 n-3 (DHA) <sup>1</sup>	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	07/2007
Cholesterol <sup>1</sup>	mg	36	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2007
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	07/2007
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2003

**Sources of Data**<sup>1</sup>Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8a, 2003 Beltsville MD